

# Psych-Path

Master's Program in Clinical and Counseling Psychology  
Graduate Division: William Paterson University

Fall 2007  
Volume 8, Issue 13

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## Welcome back students and faculty!

We hope everyone had a productive and enjoyable summer, and we wish the very best to our incoming students:

John Asimakopoulos, Amanda Barudin, Matthew Berman, Christopher Brancato, Barry Brewer, Erin DeVries, Julie DiMatteo, Amanda Faulhaber, Christina Fortunato, Raquel Jones, Susan Keefer, Jim Keirstead, Dan Lemond, Javier Munoz, Carolyn Music, Rebecca Reed, Andrew Seguel, Terry Thomas, Christopher Tomkins, Maria Wynn, & Melissa Zehner, and our new faculty:

Dr. C. Michael Nina and Dr. Pei-Wen (Winnie) Ma!

## Speakers Forum

The upcoming talk on "Counseling Muslims and Arab-Americans" is being delivered by Rehan Seyam, a 2006 graduate of the M.A. in Clinical and Counseling Psychology Program, at William Paterson University. Rehan works as a full-time mental health clinician for the Mental Health Association in Passaic County serving the Arab-American and Muslim community. She has been featured in the Herald News and on CNN.

Her talk will allow the health professional to understand the customs and traditions of Muslims and Arab-Americans. Participants will develop an awareness of the common issues faced by these communities in today's society. The structure and identity of the Arab-American family will be examined and participants will learn culturally-sensitive guidelines that will aid them when dealing with this clinical population. Case examples will be used to illustrate some of the cultural differences and special needs that exist within the Muslim and Arab-American communities within the context of mainstream American society.

APA Guidelines for Providers of Psychological Services to Ethnic, Linguistic, and Culturally Diverse Populations

Psychological service providers need a sociocultural framework to consider diversity of values, interactional styles, and cultural expectations in a systematic fashion. They need knowledge and skills for multicultural assessment and intervention, including abilities to: recognize cultural diversity; understand the role that culture and ethnicity/race play in the sociopsychological and economic development of ethnic and culturally diverse populations; understand that socioeconomic and political factors significantly impact the psychosocial, political and economic development of ethnic and culturally diverse groups; help clients to understand/maintain/resolve their own sociocultural identification; and understand the interaction of culture, gender, and sexual orientation on behavior and need. (<http://www.apa.org/pi/guide.html>). For additional resources and information see the American Counseling Association website: [www.counseling.org/](http://www.counseling.org/).

## Speakers Forum

Speaker: **Rehan Sayam, M.A.**

Topic: **Counseling Muslims and Arab-Americans**

Date: **Wednesday, Nov. 28<sup>th</sup> 2007**

Place: **William Paterson University  
Student Center 168A**

Time: **5:30-7:00pm**

Call (973) 720-3629 or email [psychgrad@wpunj.edu](mailto:psychgrad@wpunj.edu) for details. Space is limited, so please register your name, phone number, number of guests, and how you heard about the program. Thanks!

### New Faculty Profiles

#### Dr. C. Michael Nina

Before coming to WPU, Dr. Nina was the Assistant Director of the Starr Career Development Center of Baruch College/CUNY. He provided, managed and supervised the career counseling services of the Center. He was also responsible for the training and supervising of master's and doctoral level counseling interns in career counseling. In addition, he was a long-term adjunct assistant professor at NYU, where he was awarded the Steinhardt School of Education Teaching Excellence Award in 2002.

Dr. Nina's graduate teaching in counseling has focused on clinical skill development, theories of counseling and psychotherapy, theories of vocational development and career counseling, group counseling, and multicultural counseling. Dr. Nina received his Master's in Counselor Education from Queens College, City University of New York and his Ph.D. in Counseling Psychology from New York University.

Dr. Nina's research has focused on three areas: the relationship between personality characteristics and substance use in gay and bisexual male club drug users; career self-efficacy and decision making in undergraduate students; and clinical and multicultural skill development in master's level counseling students. Dr. Nina has presented at conferences of the American Counseling Association and the National Career Development Association. He is the co-author of a book chapter on the career development of college seniors.

#### Dr. Pei-Wen (Winnie) Ma

Dr. Ma holds a Ph.D. degree in Counseling Psychology from Columbia University, Teachers College, New York, New York; a Master of Arts degree in Human Development Education from the University of Maryland, College Park, Maryland; and a Bachelor of Arts degree in Psychology from the University of Washington, Seattle, Washington. Her professional experience include appointments as a Psychology Fellow with Counseling and Behavioral Health Services, New York University; Psychologist-in-Training with the Department of Behavioral Health, Gouverneur Healthcare Services, New York, New York; Project Director for an NIMH-funded project titled "Asian Immigrant Cultural Adjustment and Mental Health" at Columbia University, Teachers College, Department of Counseling and Clinical Psychology, New York, New York; and Overseas Educational Advisor, Foundation for Scholarly Exchange, Fulbright Foundation, Taipei, Taiwan.

Dr. Ma's research interests include Asian American youth and family relationships, career development and addressing mental health concerns from a cross-

cultural perspective. She is a frequent presenter and is published in her field. Her honors include dissertation awards from: National Career Development Association, American Educational Research Association and Asian American Psychological Association.

### Faculty Research

#### Jane Austin

Wu, L., Manne, S., Duhamel, K., Austin, J., Rini, C., Ostroff, J., Parsons, S., Martini, R., Williams, S., Mee, L., Sexson, Winkel, G., & Redd, W.H. (in press) Pre-Bereavement Meaning and Post-Bereavement Distress in Mothers of Children Who Underwent Hematopoietic Stem Cell Transplantation. *British Journal of Health Psychology*.

#### Laura Cramer-Berness

Cramer-Berness, L.J. (2007). Developing effective distraction interventions for infants: The progress and challenges. *Children's Health Care*, 36, 203-217.

#### Robin Nemeroff

Nemeroff, R., Levitt, J. M., Faul, L., Wonpat-Borja, A., Bufferd, S., Setterberg, S., & Jensen, P. (In press). Establishing ongoing, early identification programs for mental health problems in our schools: A feasibility study. *Journal of the American Academy of Child and Adolescent Psychiatry*.

#### Bruce J. Diamond

Diamond, Bruce J, Johnson, Susan K., Kaufman, Michael and Graves, Linda (in press). Relationships between Information Processing, Depression, Fatigue and Cognition in Multiple Sclerosis. *Archives in Clinical Neuropsychology*

### Announcements

Upcoming Graduate Open House  
Sunday, November 18th, 2007  
2:30-4:30pm  
Valley Road Cafe

#### For Program Information:

Phone: (973) 720-3629  
Email: [psychgrad@wpunj.edu](mailto:psychgrad@wpunj.edu)

Editor: BJ Diamond  
Assistant Editor: Amanda Faulhaber  
Founding Editor: BJD