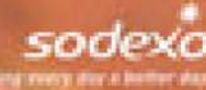




Celebrating Our
Passion For Food &

Flavor



Wayne Dining Hall Menu Fall 2009

Our Hours...

Monday– Friday

Breakfast	7:00 AM– 11:00 AM
Lunch	11:00 AM– 2:00 PM
Dinner	4:00 PM -- 8:00 PM

Monday– Sunday

Express Lunch 2:00 PM– 4:00 PM

Saturday– Sunday

Brunch	9:00 AM– 4:00 PM
Dinner	4:00 PM– 7:00 PM

Guest Meal Rates...

Breakfast	\$5.50
Lunch	\$7.25
Brunch	\$7.25
Dinner	\$8.50
Premium Nights	\$9.50



*Pioneer Express Card
Accepted*



www.balancemindbodysoul.com

8/30-9/3 Cycle 1
9/4-9/10 Cycle 2
9/11-9/17 Cycle 3
9/18-9/24 Cycle 4
9/25-10/1 Cycle 5
10/2-10-8 Cycle 6
10/9-10/15 Cycle 7
10/16-10/22 Cycle 8

10/23-10/29 Cycle 1
10/30-11/5 Cycle 2
11/6-11/12 Cycle 3
11/13-11/19 Cycle 4
11/20-11/25 Cycle 5
11/29-12/3 Cycle 6
12/4-12/10 Cycle 7
12/11-12/17 Cycle 8

Wayne Hall is TRAYLESS!!

Why No Trays?

When students use plates without trays, the amount of waste decreases by one ounce per plate.

Environmental Impact

Research shows that when trays are removed from dining locations, less food is wasted, less energy is consumed, and it reduces the amount of water and detergents used.



Menu printing paid for by Burger King fund-



Fall 2009 National Menu

Cycle 1

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
World's Fare (Griddle) : Made to order omelets, Pancakes & Grilled Cheese Open 7am-2pm & 4 pm -8Pm						
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs
French Toast Sticks	French Toast Sticks	French Toast Sticks	Buttermilk Pancakes	French Toast Sticks	Blueberry Pancakes	French Toast
Fried Egg O'Muffin with Ham	Fried Egg O'Muffin with Ham	Fried Egg O'Muffin with Ham	Fried Egg O'Muffin with Ham	Egg & Cheese Bagel	Breakfast Burritos	Sausage Biscuit
Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	Hash Browned Potatoes	Sliced Lyonnaise Potatoes	Tater Tots
Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal
Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
New England Clam Chowder	Creamy Tomato Basil Soup	Cream of Broccoli Soup	Old Fashioned Chicken Noodle Soup	American Bounty Vegetable Soup	Roast Turkey and Rice Soup	Minestrone
Pasta E Fagioli			Lentil Soup	Loaded Baked Potato Soup	Cuban Black Bean Soup	Chicken Tortilla
Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill
Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers
Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs
Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Sub Club			Sub Club	Sub Club	Sub Club	Sub Club
Made to order Deli Bar Open til 4PM			Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
Chicken Soft Tacos	Scalloped Potatoes	Glazed Baked Ham	Kansas City BBQ Pork Loin	Beef and Mushroom Pot Pie	Fish and Chips	Greek Gyro
Refried Beans	Whole Green Beans	Eggplant Parmesan	Macaroni and Cheese	Mashed Potatoes w/ Gravy	Steamed White Rice	French Fries
Aztec Corn	Hot Turkey Sandwich	Whole Green Beans	Pot Likker Collard Greens	Green Peas	Steamed Baby Carrots	Fresh Broccoli
Open Faced Hot Turkey Sandwich			Baked Red Delicious Apples	Zucchini & Tomatoes	Green Peas	Summer Squash & Carrot Medley
Green Peas			Mixed Veggies			Brown Rice
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Fried Tofu & Sweet Chili Sauce	Cheese Tortellini w/ Pesto alfredo	Vegan Stir Fry	Baja Baked Enchilada	Black Bean & Cheese Quesadilla	General Tso's Tofu	General Tso's Vegetables
International Entrée			International Entrée	International Entrée	International Entrée	International Entrée
Black Bean & Cheese Quesadilla			Steak Ranchero Gordita	Tropical Vegetable Stir Fry with Rice	Spicy Tofu Stir Fry	Caribbean Pork
Lite Line			Lite Line	Lite Line	Lite Line	Lite Line
Create your own crepes			Sizzling Salads	Sizzling Salads	Sizzling Salads	Sizzling Salads
Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta
Chicken Ranch Pizza	Assorted Fresh Pizzas	Assorted Fresh Pizzas	Pepperoni Lovers Calzone	Flatbread Pizza w/Curried Eggplant&	Buffalo Chicken Pizza Pocket	Spinach & Ricotta Flat Bread Pizza
<i>Sweet Thrills: Finish your meal with one of our fresh baked cakes, cookies & brownies & pies</i>						
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Salad Bar, Soup, Lite line, pizza, grill & Sweet thrills remains open for dinner 4pm -8pm</i>						
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
Minnesota Fish Fingers	Ground Beef & Potato Pie	Greek Rubbed Chicken Eighths	Roast Turkey Breast	Shrimp Scampi	Cranberry Glazed Pork Loin	Meat Lasagna
Hushpuppies	Ground Turkey Taco's	Basil Orzo	Turkey Gravy	Steamed Jasmine Rice	Corn & Cheese Grits	Breadsticks
Steamed Sweet Corn Off the Cob	Steamed Baby Carrots	Steamed White Rice	Stove Top (style) Stuffing	Linguine	Whole Green Beans	Meatless Baked Ziti w/ Marinara
Beef w/ Snow Peas	Gravy	Ratatouille	Whipped Sweet Potatoes	Fillet Mignon w/Demi Glace	Steamed Corn	Leaf Spinach
Jasmine Rice		Spinach	Steamed Corn	Fresh Broccoli	Brown Gravy	Meatballs
International	International	International	International	International	International	Specialty Bar
Rice Noodle Stir Fry	Cheese Ravioli's with Sauce	Gulf Shrimp & Corn Rissoto	Pad Thai with Tofu	Fettucine Alfredo	Cheesy Chicken Flautas	Fajita Bar
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Sweet & Sour Tofu Stir Fry	Fried Tofu	Vegan Burrito	Vegetarian Paella	Red Beans & Rice	Mongolian Tofu	Roasted Vegetable Lasagna w/ Marinara

Fall 2009 National Menu

Cycle 2

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
World's Fare (Griddle) : Made to order omelets, Pancakes & Grilled Cheese Open 7am-2pm & 4 pm -8Pm						
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs
French Toast Sticks	French Toast Sticks	French Toast Sticks	Buttermilk Pancakes	French Toast Sticks	Blueberry Pancakes	French Toast
Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheddar on Sourdough	Fried Egg O'Muffin with Ham	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Bagel with Ham
Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal
Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon
Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	French Fried Tater Tots	Hash Browned Potatoes	Sliced Lyonnaise Potatoes	Tri-Tater Patties
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
New England Clam Chowder	Creamy Tomato Basil Soup	American Bounty Vegetable Soup	Minnesota Wild Rice Soup	Italian Wedding Soup	Turkey Vegetable Soup	Vegetarian Minestrone
Mushroom Barley Soup			Old Fashioned Chicken Noodle Soup	Turkey Barley Soup	Sweet Potato & Roasted Corn Soup	Chicken & Orzo Soup
Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill
Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers
Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs
Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Sub Club			Sub Club	Sub Club	Sub Club open til 4PM	Sub Club open til 4PM
Made to order Deli Bar Open til 4PM			Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
Hot Open Faced Turkey Sandwich	Glazed Baked Ham	Maple Glazed Roast Turkey Breast	Chicago Hot Beef Sandwich	Chicken Nuggets	Sheboygan Beer Brats	Chicken Pot Pie
Mashed Potatoes	Baked Sweet Potato	Mashed Red Potatoes	Oven Roast Rosemary Red Potatoes	Buttermilk Drop Biscuits	Oven Roast Rosemary Red Potatoes	Buttermilk Drop Biscuits
Whole Green Beans	Green Peas	Country Kitchen Vegetables	Bavarian-Style Red Cabbage	Fresh Broccoli	Bavarian-Style Red Cabbage	Mashed Potatoes
Steamed Baby Carrots			Leaf Spinach	Steamed Cauliflower/Cheese Sauce	Leaf Spinach	Fresh Broccoli
Roast Turkey Gravy					Chicken and Broccoli Alfredo	Steamed Cauliflower/Cheese Sauce
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Farfalle w/ Wild Mushroom Sauce	Spaghetti with Olive Oil & Garlic	Sante Fe Black Beans	White Baked Ziti Alfredo	Spinach Fettuccine w/Tomato Basil Sauce	Vegetarian Taco	Broccoli Cheddar Quiche
International Entrée			International Entrée	International Entrée	International Entrée	International Entrée
Mac & Cheese			Chicken Soft Tacos	Spicy Peruvian Pork	Chicken Curry Saute	Shrimp Fried Rice
Lite Line			Lite Line	Lite Line	Lite Line	Lite Line
Sizzling Salads			Mongolian Wok	Mongolian Wok	Mongolian Wok	Mongolian Wok
Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta
Taco Pizza	Assorted Fresh Pizzas	Assorted Fresh Pizzas	Chicken Bruschetta Pizza	Carnitas Pizza	Well Balanced Provencal Pizza	The Palermo Sicilian Pizza
<i>Sweet Thrills: Finish your meal with one of our fresh baked cakes, cookies & brownies & pies</i>						
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Salad Bar, Soup, Lite Line, pizza, Grill & Sweet thrills remains open for dinner 4pm -8pm</i>						
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Premium Night	Entrées	Entrées
Jerked Chicken Thighs	Twisted Texas Brisket	Savory Baked Chicken w/ Jus'	Braised Pork	Roast N.Y. Steak au Poivre	Southern Fried Chicken	Italian Beef Top Round w/ Marinara
Yellow Rice	Scalloped Potatoes	Oven Roast Rosemary Red Potatoes	Egg Noodles	Baked Potato	Mashed Potatoes w/ Gravy	Garlic Mashed Potatoes with Gravy
Caribbean-Style Veggies	Caramelized Root Vegetables	Steamed Corn	Green Beans with Oregano	Pencil Asparagus	Mashed Sweet Potatoes	Butternut Squash
Green Peas	Provencal Roast Tomatoes	Leaf Spinach	Roasted Root Vegetables	Fresh Carrots Vichy	Pot Likker Collard Greens	Fettucini Alfredo
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Zucchini Mushroom Crepes	Spaghetti w/ Marinara	Baked Pasta Torte w/ Fontina	Polenta with Red Beans	Vegetarian Shepherd's Pie	Orecchiette with Broccoli	Vegan Stuffed Green Pepper
International	International	International	International	International	International	Specialty Bar
Chicken or Beef Taco's	Stuffed Baked Potato	Kung Pao Tofu	Spinach Fettuccine w/ Tomato Basil Sauce	Shrimp w/ Pesto Sauce & Rice	Cannellini Beans w/Tomato & Rosemary	Pasta Bar

Fall 2009 National Menu

Cycle 3

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
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World's Fare (Griddle) : Made to order omelets, Pancakes & Grilled Cheese Open 7am-2pm & 4 pm -8Pm

BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs
French Toast Sticks	French Toast Sticks	French Toast Sticks	Buttermilk Pancakes	French Toast Sticks	Blueberry Pancakes	French Toast
Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheddar on Sourdough	Egg & Cheddar on Sourdough	Egg & Cheddar on Sourdough	Egg & Cheese Bagel with Ham
Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal
Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon
Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	French Fried Tater Tots	Hash Browned Potatoes	Sliced Lyonnaise Potatoes	Tri-Tater Patties

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
New England Clam Chowder	Creamy Tomato Basil Soup	Cream of Broccoli Soup	Minnesota Wild Rice Soup	Italian Wedding Soup	Turkey Vegetable Soup	Vegetarian Minestrone
Mushroom Barley Soup			Old Fashioned Chicken Noodle Soup	Turkey Barley Soup	Sweet Potato & Roasted Corn Soup	Chicken & Orzo Soup
Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill
Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers
Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs
Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Sub Club			Sub Club	Sub Club	Sub Club open til 4PM	Sub Club open til 4PM
Made to order Deli Bar Open til 4PM			Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM

Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
Baked Ziti with Marinara	Salisbury Steak	Roast Loin of Pork with Gravy	Sloppy Joe Sandwich	Nacho Hot Dogs	French Dip Classic Sandwich	Chicken Patty Cordon Bleu
Garlic Bread	Mashed Potatoes	Oven Roast Herbed Red Potatoes	French Fried Tater Tots	Macaroni and Cheese	Steak Cut French Fries	Rice Pilaf
Leaf Spinach	Steamed Corn	Broccoli with Cheese Sauce	Steamed Corn	Summer Squash	Green Peas	Steamed Cauliflower
Zucchini & Tomatoes			Glazed Fresh Carrots	Spaghetti & Marinara Sauce	Spaghetti Marinara	Fresh Broccoli
			Pasta w/ Olives & Tomatoes			

Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
International Entrée			International Entrée	International Entrée	International Entrée	International Entrée
Vegan Soft Taco	Vegan Sloppy Joe Sandwich	Sesame Tofu with Rice	Eggplant Parmesan	Polenta alla Funghi	Spinach & Jack Cheese Quesadilla	Cheese Ravioli with Marinara
Lemongrass Chicken Stir Fry			Mongolian Pork and Noodles	Pad Thai w/ Tofu	Chicken Parmesan	Linguini & Clam Vongole Red
Lite Line			Lite Line	Lite Line	Lite Line	Lite Line
Mongolian Wok			Sizzling Fajitas	Sizzling Fajitas	Sizzling Fajitas	Sizzling Fajitas
Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta
Taco Pizza	Assorted Fresh Pizzas	Assorted Fresh Pizzas	Well Balanced Basil Trattoria Pizza	Buffalo Chicken Pizza	Sicilian Meatball Pizza	Broccoli Cheddar Ranch Pizza

Sweet Thrills: Finish your meal with one of our fresh baked cakes, cookies & brownies & pies

DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
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Salad Bar, Soup, Lite line, pizza, Grill & Sweet thrills remains open for dinner 4pm -8pm

Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Premium Night	Entrées	Entrées
Golden Fried Catfish	Turkey Dijonnaise	Roasted Beef Top Round	Chicken & Slippery Dumplings	Individual Chicken Wellingtons	Herb Rubbed Turkey Breast	Braised Pork au jus with Rice-Orzo Pilaf
Baked Cajun Catfish	Brown Rice	Au Jus	White Rice	Chicken Jus~	Chicken Gravy	Corn on the Cob
Hush Puppies	Sliced Steamed Carrots	Garlic Mashed Potatoes	Fresh Broccoli	Mashed Potatoes	Stovetop (Style) Stuffing	Pot Likker Collard Greens
Whole Green Beans	Fresh Broccoli	Whole Green Beans	Brown Rice	Balsamic Grilled Vegetables	Steamed Corn	Yukon Gold & Onion Potato Roesti
Steamed Corn				Cajun Fried Shrimp	Steamed Rice	Braised Red Cabbage
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Spinach Bianco Lasagna	Vegetarian Lo Mein	Mexican Vegetable Quesadilla	Vegetarian Paella	Cheese Stuffed Shells	Cauliflower with Cheese Sauce	Basmati Fried Rice
International Entrée			International Entrée	International Entrée	International Entrée	Specialty Bar
Beef & Mushroom Saute w/Potatoes			Spinach Fettuccine w/ Tomato Basil Sauce	Penne w/ Arrabiata Sauce	Crispy Orange Chicken	Jumbo Baked Potato Bar

Fall 2009 National Menu

cycle 4

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
World's Fare (Griddle) : Made to order omelets, Pancakes & Grilled Cheese Open 7am-2pm & 4 pm -8Pm						
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs
French Toast Sticks	French Toast Sticks	French Toast Sticks	Buttermilk Pancakes	French Toast Sticks	Blueberry Pancakes	Blueberry Pancakes
Breakfast Quesadilla	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Biscuit w/Sausage	Breakfast Quesadilla	Egg & Cheese Biscuit w/Sausage
Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal
Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon
Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	French Fried Tater Tots	Hash Browned Potatoes	Sliced Lyonnaise Potatoes	Sliced Lyonnaise Potatoes
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
New England Clam Chowder	Creamy Tomato Basil Soup	Broccoli Cheddar Soup	Old Fashioned Chicken Noodle Soup	American Bounty Vegetable Soup	Turkey Vegetable Soup	Vegetarian Minestrone
Mushroom Barley Soup			Creamy Potato Leek Soup	Minnesota Wild Rice Soup	Madras Pea Soup	Sweet Potato & Roasted Corn Soup
Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill
Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers
Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs
Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Sub Club			Sub Club	Sub Club	Sub Club	Sub Club
Made to order Deli Bar Open til 4PM			Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
BBQ Beef Brisket Sandwich	Roast Pork Loin with Mustard Herb C	Roasted Beef Top Round	Chicken Patty Parmesan	Rotisserie Seasoned Chicken	Creole Jambalaya	Chili Mac
Sweet Potato Fries	Mashed Potatoes	Parsley Red Potatoes	Spaghetti w/ Marinara	Three Cheese and Chive Potatoes	Old-Fashioned Cornbread	Garlic Bread
Baked Beans	Steamed Baby Carrots	Zucchini & Tomatoes	Italian Vegetable Blend	Chicken Gravy	Fresh Broccoli	Steamed Corn
Butternut Squash			Garlic Bread	Herb Broiled Tomatoes	Okra & Tomatoes	Italian Green Beans
Curly Fries				Steamed Rice	Steamed Rice	Penne Marinara
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Roasted Pepper Quesadilla	Cavatelli w/ Broccoli	Spinach Crepes	Tofu Fried Rice	Pasta Primavera	Penne with Four Cheeses	Vegan Soft Taco
International Entrée			International Entrée	International Entrée	International Entrée	International Entrée
Pasta Fusilli & Wild Mushroom Sauce			Beef Tacos	Sesame Pork Stir Fry	Chicken Gordita	Chicken Chow Mein
Lite Line			Lite Line	Lite Line	Lite Line	Lite Line
Sizing Fajitas			Create your own crepes	Create your own crepes	Create your own crepes	Create your own crepes
Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta
Well Balanced Mediterranean Pizza	Assorted Fresh Pizzas	Assorted Fresh Pizzas	Jerk Chicken & Mango Flatbread Melt	Meatball Parmesan Pizza Pocket	The Classic Calzone	French Bread Pizza
<i>Sweet Thrills: Finish your meal with one of our fresh baked cakes, cookies & brownies & pies</i>						
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Salad Bar, Soup, Lite Line, pizza, Grill & Sweet thrills remains open for dinner 4pm -8pm</i>						
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Premium Night	Entrées	Entrées
Teriyaki Chicken	Meat Lasagna	Maple Glazed Roast Turkey Breast	Chili & Lime Marinated Pork	Prime Rib Au Jus	Braised Yankee Pot Roast	Chicken Marsala or Picatta
Jasmine Rice	Garlic Bread	Mashed Red Potatoes	Ginger Roasted Potatoes	Garlic Mashed Potatoes	Egg Noodles	Basil Orzo
Sesame Ginger Green Beans	Fresh Broccoli	Steak House Spinach	Fresh Broccoli	Haircot Vert	Roasted Vegetables	Vegetable Lasagna w/ Marinara
Sliced Steamed Carrots	Sausage & Peppers	Sliced Steamed Carrots	Roasted Tomatoes	Steamed Baby Carrots	Beef Gravy	Steamed Cauliflower
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Fried Tofu & Curry Sauce	Vegan Burrito	Angel hair w/ Fresh Tomato Sauce	Roasted Vegetable Lasagna w/Marinara	Baked Stuff Shells	Thai Fried Rice	Bean & Cheese Chimichanga
International			International	International	International	Specialty Bar
Pork Carnitas Burrito			Mac & Cheese	Shrimp & Broccoli Stir Fry	Curried Rice Noodles	Hors d'Oeuvres Bar

Fall 2009 National Menu

Cycle 5

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
World's Fare (Griddle) : Made to order omelets, Pancakes & Grilled Cheese Open 7am-2pm & 4 pm -8Pm						
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs
French Toast Sticks	French Toast Sticks	French Toast Sticks	Buttermilk Pancakes	French Toast Sticks	Blueberry Pancakes	French Toast
Egg & Cheese Biscuit w/Sausage	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Bagel	Breakfast Burritos	Sausage Biscuit
Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	Hash Browned Potatoes	Sliced Lyonnaise Potatoes	Tater Tots
Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal
Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Corn Chowder			Chicken Noodle	American Bounty Vegetable	Turkey Rice	Minestrone
Pasta E Fagioli			Lentil	Loaded Baked Potato	Cuban Black Bean	Chicken Tortilla
Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill
Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers
Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs
Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Sub Club			Sub Club	Sub Club	Sub Club	Sub Club
Made to order Deli Bar Open til 4PM			Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
Chicken Soft Tacos	Turkey Noodle Casserole	Glazed Baked Ham	Carolina Pulled Pork	Chicken Breast Parmesan	Shrimp Etouffee	Hot Italian Meatball Sandwich
Steak Soft Tacos	Green Peas	Scalloped Potatoes	Macaroni & Cheese	Chicken Diablo Empanadas	Sweet and Sour Popcorn Chicken	French Fries
Refried Beans		Whole Green Beans	Pot Likker Collard Greens	Shrimpanadas	French Fried Tater Tots	Fresh Broccoli
Spanish Rice			Grits w/ Mushroom Fricassee and chives	Ranch Style Black Beans	Brown Rice	Summer Squash & Carrot Medley
Fresh Broccoli			Mixed Veggies	Grilled Mexican Vegetables	Steamed Baby Carrots	Brown Rice
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Aztec Corn	Fried Tofu & Sweet Chili Sauce w/ Rice	Vegan Macaroni Dinner	Eggplant Parmesan	Baja Baked Enchilada	Black Bean & Cheese Quesadilla	General Tso's Tofu
International Entrée			International Entrée	International Entrée	International Entrée	International Entrée
Szechuan Pork Stir Fry			Carnivale Beef	Tropical Vegetable Stir Fry	Chinese Chicken Salad	Caribbean Pork
Lite Line			Lite Line	Lite Line	Lite Line	Lite Line
Create your own crepes			Sizzling Salads	Sizzling Salads	Sizzling Salads	Sizzling Salads
Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta
The Hawaiian	Assorted Fresh Pizzas	Assorted Fresh Pizzas	Margarita Pizza	BLT Pizza	Cheeseburger Pizza	Greek Pizza
<i>Sweet Thrills: Finish your meal with one of our fresh baked cakes, cookies & brownies & pies</i>						
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Salad Bar, Soup, Lite line, pizza, grill & Sweet thrills remains open for dinner 4pm -8pm</i>						
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
Alu Chole Indian Chick Peas	Yankee Pot Roast	Greek Rubbed Chicken Eighths	Roast Turkey Breast	Prime Rib Au Jus	Herbed Breaded Pork Chop	Meat Lasagna
Basmati Rice	Parsley Boiled Potatoes	Basil Orzo	Chicken Gravy	Beer Battered Onion Rings	Grilled Chicken	Fish Nuggets
Cilantro & Lime Basmati Rice	Steamed Baby Carrots	Steamed Spinach w/ Feta Cheese	Stove Top (Style) Stuffing	Garlic and Chive Mashed Potatoes	Cheddar Mashed Potatoes	Breadsticks
Mini Samosas	Boiled (Irish Style) Cabbage	Green Beans & Stewed Tomatoes	Whipped Sweet Potatoes	Fresh Broccoli	Whole Green Beans	Zucchini & Tomatoes
Vegan Lo Mein	Beef Gravy	Steamed Rice	Steamed Corn	Grilled Honey Mustard Chicken	Steamed Corn	Leaf Spinach
International	International	International	International	International	International	Specialty Bar
Steak Ranchero Gordita	Deep Fried Ravioli with Sauce	Meatless Fajita's	Argentinean Chimichurri Quesadilla	Eggplant Rollantini	Farfalle w/ Wild Mushroom Sauce	Mashed Potato Bowl Bar
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Sweet & Sour Tofu	Breakfast Burrito	Mediterranean Veggie Pita	Vegetarian Paella	French Bread Pizza	Pad Thai w/ Tofu	Roasted Vegetable Lasagna w/ Marinara

Fall 2009 National Menu

Cycle 6

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
World's Fare (Griddle) : Made to order omelets, Pancakes & Grilled Cheese Open 7am-2pm & 4 pm -8Pm						
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs
French Toast Sticks	French Toast Sticks	French Toast Sticks	Buttermilk Pancakes	French Toast Sticks	Blueberry Pancakes	French Toast
Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheddar on Sourdough	Fried Egg O'Muffin	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Bagel with Ham
Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal
Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon
Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	French Fried Tater Tots	Hash Browned Potatoes	Sliced Lyonnaise Potatoes	Tri-Tater Patties
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Corn Chowder	Cream of Tomato	American Bounty Vegetable	Chicken Noodle	Broccoli Cheese	Turkey Rice	Minestrone
Mushroom Barley			Minnesota Wild Rice	Italian Wedding	Curried Butternut	Chicken Orzo
Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill
Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers
Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs
Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Sub Club			Sub Club	Sub Club	Sub Club open til 4PM	Sub Club open til 4PM
Made to order Deli Bar Open til 4PM			Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
Open Faced Hot Turkey Sandwich	Grilled Kielbasa	Maple Glazed Roast Turkey Breast	Fish and Chips	Chicken Nuggets	Shepherd's Pie	Chicken Pot Pie
Roast Turkey Gravy	Chicken Cacciatore	Mashed Red Potatoes	Chicago Hot Beef Sandwich	Honey Baked Ham	Sausage with Peppers & Onions Sandwich	Beef Soft Taco
Mashed Potatoes	Egg Noodles	Country Kitchen Vegetables	Italian Vegetable Blend	Ham and Cheese Macaroni	Oven Roast Rosemary Red Potatoes	Buttermilk Drop Biscuits
Whole Green Beans	Italian Green Beans		Sliced Steamed Carrots	Fresh Broccoli	Leaf Spinach	Fresh Broccoli
Steamed Baby Carrots				Country Kitchen Vegetables		Steamed Cauliflower/Cheese Sauce
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Farfalle w/ Wild Mushroom Sauce	Seitan & Broccoli Stir Fry	Mexican Black Bean Stew	Baked Ziti	Broccoli, Cheese & Rice Casserole	Portobello & Cheese (Philly Style)	Broccoli Cheddar Quiche
International Entrée			International Entrée	International Entrée	International Entrée	International Entrée
Mac & Cheese			Chicken Soft Tacos	Spicy Peruvian Pork	General Tso's Chicken w/ Jasmine Rice	Cheese Quesadilla
Lite Line			Lite Line	Lite Line	Lite Line	Lite Line
Sizzling Salads			Mongolian Wok	Mongolian Wok	Mongolian Wok	Mongolian Wok
Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta
Taco Pizza	Assorted Fresh Pizzas	Assorted Fresh Pizzas	Grilled Vegetable Pizza	Philly Steak Pizza	Buffalo Chicken Pizza	Vegetable Lovers Feast Pizza
<i>Sweet Thrills: Finish your meal with one of our fresh baked cakes, cookies & brownies & pies</i>						
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Salad Bar, Soup, Lite line, pizza, Grill & Sweet thrills remains open for dinner 4pm -8pm</i>						
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Premium Night	Entrées	Entrées
Jerked Chicken Thighs	Seasoned London Broil	Pork Tonkatsu	Peruvian Rubbed Chicken	Jumbo Shrimp Scampi	Crusty Herb Fried Chicken	Italian Beef Top Round
Yellow Rice	Scalloped Potatoes	Santa Fe Black Beans	Lime Cilantro Rice	Linguine	Mashed Potatoes w/ Gravy	Garlic Mashed Potatoes w/ Gravy
Caribbean-Style Veggies	Provençal Roasted Tomatoes	Cilantro Jasmine Rice	Steamed Corn	Oven Roasted Asparagus	Baked Apples	Brussels Sprouts
Green Peas			Sante Fe Black Beans	Popcorn Chicken	Steamed Cauliflower/Cheese Sauce	Caramelized Root Vegetables
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Zucchini Mushroom Crepes Alferdo	Spaghetti w/ Olive Oil & Garlic	Baked Tortolini w/ Fontina & marinara	Polenta w/ Garlic & Parmesan	Vegetarian Shepherd's Pie	Farfalle w/ Wild Mushroom Sauce	Vegan Stuffed Green Pepper w/ Tomato Sauce
International	International	International	International	International	International	Specialty Bar
Angel Hair w/ Scallops with Pesto	Stuffed Baked Potato	Kung Pao Tofu	Spinach Fettuccine w/ Tomato Basil Sauce	Spaghetti & Meatballs	Cannellini Beans w/Tomato & Rosemary	Taco Bar

Fall 2009 National Menu

Cycle 7

Friday	Saturday	Sunday	Monday	Tuesday -	Wednesday	Thursday
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World's Fare (Griddle) : Made to order omelets, Pancakes & Grilled Cheese Open 7am-2pm & 4 pm -8Pm

BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs
French Toast Sticks	French Toast Sticks	French Toast Sticks	Buttermilk Pancakes	French Toast Sticks	Blueberry Pancakes	French Toast
Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheddar on Sourdough	Fried Egg O'Muffin	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Bagel with Ham
Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal
Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon
Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	French Fried Tater Tots	Hash Browned Potatoes	Sliced Lyonnaise Potatoes	Tri-Tater Patties

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Corn Chowder	Cream of Tomato	Cream of Broccoli	Chicken Noodle	American Bounty Vegetable	Turkey Rice	Minestrone
Pasta E Fagioli			Lentil with Spinach	Loaded Baked Potato	Cuban Black Bean	Chicken Corn Chowder
Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill
Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers
Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs
Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Sub Club			Sub Club	Sub Club	Sub Club open til 4PM	Sub Club open til 4PM
Made to order Deli Bar Open til 4PM			Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées

Baked Ziti	Salisbury Steak	Roast Loin of Pork w/ Gravy	Sloppy Joe Sandwich	Turkey Parmesan	French Dip Classic Sandwich	Chicken Patty Cordon Bleu
Garlic Bread	Mashed Potatoes	Oven Roast Herbed Red Potatoes	French Fried Tater Tots	French Fried Tater Tots	French Fries	Rice Pilaf
Leaf Spinach	Green Peas	Bavarian-style Red Cabbage	Steamed Corn	Corn Off the Cob	Green Peas	Steamed Cauliflower
Zucchini & Tomatoes	Steamed Corn	Baked Fresh Acorn Squash	Glazed Fresh Carrots	Popcorn Chicken	Sliced Steamed Carrots	Fresh Broccoli
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Mediterranean Veggie Pita	Vegan Sloppy Joe Sandwich	Sesame Tofu w/ Rice	Eggplant Parmesan w/ Marinara	Polenta alla Funghi	Spinach & Jack Cheese Quesadilla	Cheese Ravioli w/ Marinara
International Entrée			International Entrée	International Entrée	International Entrée	International Entrée
Vegan Soft Taco			Pasta w/ Olives & Tomatoes	Spaghetti & Marinara Sauce	Veggie Cacciatore	Grilled Provencal Vegetables
Chicken Biryani					Turkey Taco Frito Pie	
Lite Line			Lite Line	Lite Line	Lite Line	Lite Line
Mongolian Wok			Sizzling Fajitas	Sizzling Fajitas	Sizzling Fajitas	Sizzling Fajitas
Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta
Taco Pizza	Assorted Fresh Pizzas	Assorted Fresh Pizzas	Grilled Vegetable Pizza	Philly Steak Pizza	Buffalo Chicken Pizza	Lasagna Pizza

Sweet Thrills: Finish your meal with one of our fresh baked cakes, cookies & brownies & pies

DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
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Salad Bar, Soup, Lite Line, pizza, grill & Sweet thrills remains open for dinner 4pm -8pm

Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Premium Night	Entrées	Entrées
Golden Fried Catfish	Turkey Dijonnaise	Roasted Beef Top Round	Moroccan Rubbed Chicken Eighths	Roast New York Sirloin Au Poivre	Chicken and Broccoli	Gaucha Style Roasted Turkey
Baked Cajun Catfish	Brown Rice	Au Jus	Olive Couscous	Roasted Yukon Gold Potatoes & Onions	Penne Alfredo	Whipped Sweet Potatoes
Hush Puppies	Sliced Steamed Carrots	Garlic Mashed Potatoes	Roasted Vegetables	Sauteed Baby Spinach	Rice Pilaf	Fried Plantains
Whole Green Beans	Fresh Broccoli	Whole Green Beans	Provencal Roast Tomatoes	Grilled Teriyaki Chicken Breast	French Fried Tater Tots	Brazilian Vegetable Stir Fry
Steamed Corn		Ratatouille			Grilled Kielbasa	9 Spice Gravy
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Spinach Blanco Lasagna	Tofu Quesadilla	Mexican Vegetable Quesadilla	Tri Color Tortellini w/ Pesto Cream Sauce	Cheese Stuffed Shells	Fresh Green Veggies	Yukon Gold & Onion Potato Roesti
International Entrée			International Entrée	International Entrée	International Entrée	Specialty Bar
Szechuan Beef Stir Fry			Spinach Fettuccine w/ Tomato Basil Sauce	Penne w/ Arrabiata Sauce	Crispy Orange Chicken	Jumbo Baked Potato Bar

Fall 2009 National Menu

cycle 8

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
World's Fare (Griddle) : Made to order omelets, Pancakes & Grilled Cheese Open 7am-2pm & 4 pm -8Pm						
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar	Belgian Waffle Bar
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs	Hard Cooked Eggs
French Toast Sticks	French Toast Sticks	French Toast Sticks	Buttermilk Pancakes	French Toast Sticks	Blueberry Pancakes	Blueberry Pancakes
Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheese Bagel w/Bacon	Egg & Cheddar on Sourdough	Fried Egg O'Muffin	Egg & Cheese Biscuit w/Sausage	Egg & Cheese Biscuit w/Sausage
Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal	Asst Hot Cereal
Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon	Turkey & Pork Sausage & Bacon
Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	French Fried Tater Tots	Hash Browned Potatoes	Sliced Lyonnaise Potatoes	Sliced Lyonnaise Potatoes
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Corn Chowder	Cream of Tomato	Broccoli Cheese	Chicken Noodle	American Bounty Vegetable	Turkey Rice	Minestrone
Mushroom Barley			Potato Leek	Sante Fe Chicken & Black Bean	Madras Pea Soup	Sweet Potato & Roasted Corn
Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill	Hot Stuff Grill
Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers	Hamburgers & Cheeseburgers
Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs	Grilled Beef Hot Dogs
Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers	Garden & Turkey Burgers
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Sub Club			Sub Club	Sub Club	Sub Club	Sub Club
Made to order Deli Bar Open til 4PM			Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM	Made to order Deli Bar Open til 4PM
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Entrées	Entrées	Entrées
Pork Riblet Sandwich w/BBQ Sauce	Turkey Broccoli Mornay	Roasted Beef Top Round	Chicken Patty Parmesan	Turkey Pot Pie	Creole Jambalaya	Chili Mac
Sweet Potato Fries	White Rice	Parsley Red Potatoes	Spaghetti	Garlic Mashed Potatoes	Old-Fashioned Cornbread	Old-Fashioned Cornbread
Baked Beans	Steamed Baby Carrots	Zucchini & Tomatoes	Italian Vegetable Blend	Buttermilk Drop Biscuits	Fresh Broccoli	Steamed Corn
Butternut Squash			Garlic Bread	Steamed Baby Carrots	Okra & Tomatoes	Italian Green Beans
Pot Licker Collard Greens					Steamed Basmati Rice	
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Roasted Pepper Quesadilla	Orecchiette w/ Broccoli	Japanese Vegetable Stir Fry	Tofu Teriyaki Snow Pea Stir Fry	Vegan Chow Mein w/ Brown Rice	Penne w/ Four Cheese	Greek Vegetable Wrap
International Entrée			International Entrée	International Entrée	International Entrée	International Entrée
Grilled Vegetable Enchiladas			Taco Beef Hard Tacos	Kung Pao Beef	Chicken Gordita	Spaghetti w/ Meat Sauce
Lite Line			Lite Line	Lite Line	Lite Line	Lite Line
Sizzling Fajitas			Create your own crepes	Create your own crepes	Create your own crepes	Create your own crepes
Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta	Pizza Gusta
Hot Italian Sausage Pizza	Assorted Fresh Pizzas	Assorted Fresh Pizzas	Chicken Bruschetta Pizza	Bacon Spinach Alfredo Pizza	Antipasto Pizza	Smokehouse Chicken Pizza
<i>Sweet Thrills: Finish your meal with one of our fresh baked cakes, cookies & brownies & pies</i>						
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Salad Bar, Soup, Lite line, pizza, grill & sweet thrills remains open for dinner 4pm -8pm</i>						
Main Event	Main Event	Main Event	Main Event	Main Event	Main Event	Main Event
Entrées	Entrées	Entrées	Entrées	Premium Night	Entrées	Entrées
Teriyaki Chicken	Roast Loin of Pork with Rosemary	Maple Glazed Roast Turkey Breast	BBQ London Broil	Seafood Stuffed Sole w/ Lemon Butter	Baked Pasta Fontina w/ Marinara	Chicken Marsala w/ Rice
Jasmine Rice	Risi e Bisi	Mashed Red Potatoes	Oven Roast Herbed Red Potatoes	Rice Pilaf	Breadsticks	Fettuccine Alfredo
Sesame Ginger Green Beans	Brussels Sprouts	Steak House Spinach	Steamed Corn	Fresh Broccoli	Leaf Spinach	Green Peas
Fresh Carrots with Fresh Ginger	Caramelized Root Vegetables	Sliced Steamed Carrots	Roasted Tomatoes	Fried chicken	Corn w/ Tomatoes	Steamed Cauliflower
Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée	Vegetarian Entrée
Fried Tofu & Curry Sauce	Spinach Crepes	Angel hair w/ Fresh Tomato Sauce	Roasted Vegetable Lasagna w/ Marinara	Penne Primavera w/ Vodka Sauce	Greek Spinach Strudel	Vegan Soft Taco
International	International	International	International	International	International	Specialty Bar
Vegetarian Moussaka	Asian Stir Fry	Chicken Chow Mein	Mac & Cheese	Thai rice noodles w/snow peas	Spicy Yucatan Beef Rice	Nacho Bar