

Contact Information



Director
Susan Dinan, Ph.D.
dinans@wpunj.edu
154B Raubinger Hall

Assistant Director
Jan Pinkston
pinkstonj@wpunj.edu
154A Raubinger Hall

INSIDE THIS ISSUE:

- Honors Student Success 2
- Track Time 2
- Honors Conference 3
- Coat Drive 5
- Student Success Tips 5
- Holiday Party 6
- Study Abroad 7



**WILLIAM
PATERSON
UNIVERSITY**

University Honors College

FEBRUARY 2014

Pizza with President Waldron



President Kathleen Waldron joined the Honors Club for Lunch in the Lounge on Tuesday, December 3rd. Students had the opportunity to introduce themselves to President Waldron as well as discuss their concerns and suggestions for the University.

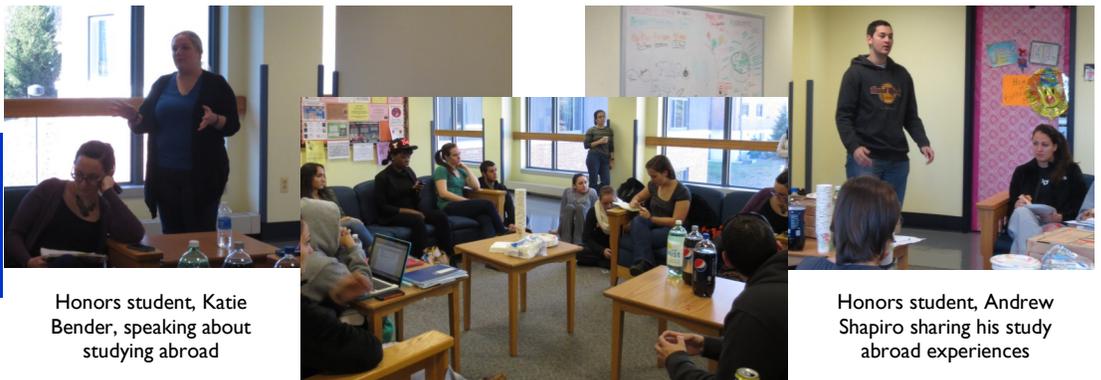
Before lunch was served, students reflected on issues such as dining options on campus that they felt have improved since their last meeting with President Waldron. The discussion also included plans to strengthen the University's advisement system, ideas about common hour, the importance of student evaluations, class registration, and the University's disaster/safety planning procedures. The Honors College and Honors Club wish to thank President Waldron for taking the time out to meet with students!

Lunch in the Lounge

The third Lunch in the Lounge of the fall semester took place on Thursday, November 14th. As pizza was passed, study aboard opportunities were discussed. Honors students, Katie Bender and Andrew Shapiro, were present to share

their personal experiences abroad as well as answer questions and share advice with students looking to participate in similar programs. Katie spoke about her experiences on an archaeological dig in the Orkney Islands of Scotland, and Andrew

shared his experiences abroad in Spain. They urged those present to take advantage of the opportunities open to them as college students and to make the most of their experiences and time at the University.



Honors student, Katie Bender, speaking about studying abroad

Honors student, Andrew Shapiro sharing his study abroad experiences

Honors Student Success



Jan Pinkston

One of the hallmarks of the Honors College at William Paterson is the close personal attention that students receive from faculty and staff. In continuing with that tradition, one of the new responsibilities of Jan Pinkston, Assistant Director of the Honors College, is meeting with students who have fallen below the minimum 3.0 grade point average that is required in order to be in good standing in the Honors College.

Previously, Honors students in this situation were referred to the Scholarship Office, however, when that department was phased out during the Fall 2013 semester, Pinkston gladly stepped up to the challenge of meeting individually with Honors students in need of assistance. She is quick to point out that requiring students to meet with her is not a punitive measure, but rather a service offered to them by the Honors College.

"There are many factors that can lead to a student having a bad semester, Pinkston noted. "I want students to feel comfortable coming to my office where they can discuss their academic issues in a confidential setting and work toward getting back on the right track."

At the initial consultation, Pinkston helps determine the issue(s), and then strategizes with the student about a plan of action. Together, they decide how many meetings will be required over the course of the semester. "Some students only need to check back in a couple of times during the semester, but others feel they need a weekly appointment. It really just depends on the student and his or her individual situation."

Pinkston, who just started her 15th year at William Paterson, began working in Honors back when it was a Program with an enrollment of about thirty students. Over the years, the Honors Program transitioned to an Honors College and now has an enrollment of just under 400 students. During this time, she has assisted students experiencing a variety of issues. For example, first year students often face challenges associated with transitioning from high school to college, and she helps those students develop effective time management strategies and discusses the various support services that are available on campus.

"Sometimes students need assistance with very practical skills such as registering for classes or navigating WP Connect, and they don't know where to go for help," noted Pinkston, who encourages students to stop by her office when they are struggling with a problem, no

matter how big or small.

In preparation for this new role, Pinkston consulted with Amanda Vasquez, the former Scholarship Director who is now the Director of Transfer Programs at William Paterson. "Ms. Vasquez has a tremendous amount of expertise in this area and she is a great resource. She was nice enough to share her experience with me and give me the tools I need to assist students who find themselves in this situation," noted Pinkston.

Both Pinkston and Dr. Susan Dinan, the Director of the Honors College, make an effort to personally get to know all the students in the Honors College and assist them in any way possible. "I'm sure Dr. Dinan will agree with me that the best part of our job is having the opportunity to get to know such wonderful students," says Pinkston. "They grow and mature during the four years they spend at William Paterson, and when they graduate, it's a great feeling to know that we played a role in their success."

Please watch for Jan Pinkston's column, "Tips for Student Success," that will be appearing in upcoming issues of the Honors College newsletter. See page five for this issue's tips.

Track Time



The Humanities Track is open to Honors students of all majors interested in the relationships between literature, history, and philosophy. It is ideal for those who enjoy exploring the mind through reading, writing, and discussion as a means of examining the human, social, and universal natures that connect the social and natural sciences. The program encourages variety, allowing students to pursue issues such as human ideas, issues, actions, and values from Classical

Greece to Modern and Post-Modern eras.

The Humanities Track, like others, functions similarly to a minor that will compliment a student's major. Those enrolled are required to take two seminars, one colloquium of their choosing, and an additional two semesters of thesis writing seminars during their senior year.

Sample thesis project titles include: *What it Means to Be Human*, *Transplanting El Cactus: From*

Mexican to Latino, *Allegory in the Poetry of William Blake as the Answer to the Physical/Spiritual Duality*, and *Walden: Transcendentalism and the American Dream*.

For more information about the Humanities Track, contact the track director, John Peterman, at petermanj@wpunj.edu or visit the Honors College website at <http://www.wpunj.edu/honors-program/tracks/humanities.dot>.

Northeast Regional Honors Council Conference

This year, the National Collegiate Honors Council and the Northeast Regional Honors Council are organizing the Northeast Regional Honors Council Conference. The Conference fosters a forum for student research. It presents Honors students with the opportunity to present their thesis research to other university students and faculty members. Students will gain valuable presentation experience as well as have the

opportunity to assess the reception of their research by a large audience.

The Honors College is proud to announce that eight William Paterson Honors students will be presenting at this year's conference to be held from April 3-6 in Niagara Falls, New York. The students presenting, Caitlin Hoolihan, Katherine Pirera, Neal Joshi, Alexis Martinez, Tanya Monroe, Devin

Pendergast, Christopher Polakowski, and Rebecca Wance, come from many different majors and Honors tracks. In addition to presenting their research at the Conference, students will also have the opportunity to share their work with Honors Club members during Lunch in the Lounge Meetings this semester. Student thesis abstracts are listed below and on the following page.

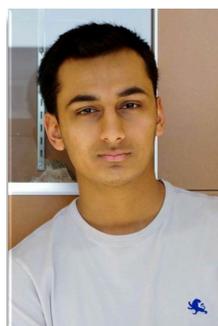
"Reel Psychologists: Hollywood Portrayals of psychologists, 2000-2013."



Caitlin Hoolihan

During the past century, psychologists and other mental health providers have appeared many times in major Hollywood movies. It is reasonable to assume that these portrayals have at times influenced the way many people understand and feel about the psychological profession. Often psychologists in films have provided people with their only information about therapy, which after all is essentially a private process. Understandably, the field of psychology has shown considerable interest in film representations of the mental health field. Past research, which has been of uneven methodological quality, has found that psychological professionals are frequently represented by inaccurate stereotypes. These would include inherently evil psychologists such as Dr. Lecter from *Silence of the Lambs*, inappropriately intimate therapists as shown by Dr. Maguire from *Good Will Hunting*, female therapists repeatedly falling in love with their patients such as Dr. Garner in *Basic Instinct*, and many more. The number of psychological professionals who are portrayed in unethical ways for the sake of entertainment is unfortunate. These poor representations might lead the public to believe that psychological professionals cannot be trusted and therefore to refuse to seek help. The empirical part of this paper is a content analysis of how psychologists have been represented to the public in major movies from 2000 – 2013. More specifically, the project explores whether psychologists are portrayed as 1) professionally competent, 2) ethical, 3) effective, and 4) likeable. In addition, results are analyzed to identify differences associated with the race, gender, and age of practitioners.

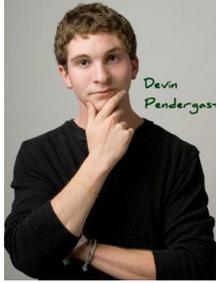
Reversal of Painful Diabetic Neuropathy by Transplanting the Islet of Langerhans cells in Mice



Neal Joshi

Type I diabetes mellitus (DM) affects millions of people in the United States. Currently, there is no cure for this debilitating autoimmune disease. The body's immune system attacks and destroys pancreatic beta cells which produce insulin. The cell loss leads to high glucose levels (hyperglycemia; $\geq 350\text{mg/dl}$), and eventual formation of extremely painful DM neuropathy. Untreated DM could lead to formation of gangrene and limb amputations. This present study examined the effects of transplantation of insulin producing cells into diabetic mice to a) reverse neuropathic pain and b) reverse hyperglycemia.

Adult male mice were injected with a drug, streptozotocin (STZ), that destroys the beta cells. Animals presenting hyperglycemia were transplanted. Beta cells were extracted from the adult male rat pancreas. Once isolated and purified, beta cells were transplanted under the kidney capsules of the diabetic mice. Transplanted animals were injected with an immunosuppressant (QID 2wks) and their blood glucose levels were measured for 2 weeks. The expression of DM neuropathy was examined using formalin test. The number of hindpaw lick duration was measured for 1hr. The paw licking duration in diabetic mice was $107\text{s} \pm 72\text{s}$. Naive had $206\text{s} \pm 80\text{s}$. The pre-STZ glucose level was $194 \pm 46\text{ mg/dl}$ whereas the post-STZ level was $451 \pm 101\text{ mg/dl}$. One and two weeks post-transplantation, the average blood glucose levels were $550 \pm 60\text{ mg/dl}$ and $549 \pm 83\text{ mg/dl}$, respectively. Immunohistochemistry showed living beta cells on kidney capsules. Results from our study shows that transplantation of harvested pancreatic beta cells would be a feasible method to treat and reverse the DM type I.



Devin Pendergast

The Practical Implementation of Vertical Farming in Urban Environments

With an ever growing population and encroaching issue of food scarcity, there needs to be a better way of providing food for overpopulated areas. Vertical farming is a viable solution if it can be implemented properly. As of 2014, there are currently 7.13 billion people living on our planet. According to population estimates, as of 2013, 54% of that population is living in an urban area. One necessity of all people regardless of the whereabouts of their inheritance is a necessity for food. Food scarcity is not new to this planet; yet, there still stands to be a desirable and functional model to allow for the sustainable production of food within an urban setting. More food per capita in an urban setting leads to a lower cost for that food per capita. Many environmental scientists, botanists, and architects have created models, which could potentially point in the direction of sustainable food production, but have since only seen rejection due to the costliness of these models. This is a worry for many, as we have currently outgrown the natural population sustainability threshold for our planet, and food supply must start to move vertical if the population requires and demands more space to live. The model proposed in this thesis shows how unique techniques for light harboring, combined with sustainable economic and business models can bring about a new way to produce food in the city.

Misconceptions About Self-Harm Among Adolescents



Katherine Pirera

This paper reviews the scientific and clinical literature on the origins of self-injury, at the same time, documenting social change in the way this form of behavior has manifested itself. Over the past half-century, but especially since the 1980s, researchers have studied many aspects of adolescent risk behavior and self-injury. Beginning in 1938, Karl Menninger initiated the idea that deliberate cutting of oneself does not always derive from suicidal intentions. Because adolescents are more likely to participate in risk behavior, research has been conducted concerning their self-harming tendencies. Those engaged in this risk behavior may, in fact, be able to find a temporary sense of mental relief, creating a positive reinforcement for this otherwise dangerous action. This new dimension of deliberate self-harm as a coping mechanism has become a major focus of research in recent years. These research findings can contradict many popular beliefs and in turn will provide a greater understanding to the subject. This literature review reports, categorizes, and assesses recent research on the etiology of self-harm. Finally, this paper concludes with research on the most effective treatment plans as well as identifying fruitful direction for new research.

The Impact of Education, Collectivism, Individualism and Family on Management Styles in the US and Japan



Christopher Polakowski

Across cultures and around the world, management styles vary according to the society's beliefs regarding education, family, individualism, and collectivism. In particular, the United States and Japan, two leading economic powerhouses, have many cultural disparities, which alter the ways in which managers conduct business. In-depth interviews of male executives over the age of 40 who are employed in the Big Four accounting firms (e.g., Ernst & Young) will be conducted in the United States and Japan and their management styles will be measured with regard to education, family, individualism, and collectivism. Overall, the value of this study is to deepen the understanding of how history, culture, and societal beliefs impact management styles. By understanding which forces impact a country's management style, the importance of developing a management system that is not only productive for the business, but is also culturally desirable for the employees in multinational corporations can be justified.

Exploring the Application of Marxist Revolutionary Theory



Rebecca Wance

The power of Marxist revolutionary theory, which swept many teetering governments of the 20th century into its mighty current, is awe inspiring. This ideology centered on the inequities of the rapidly expanding industrial society would create tumult on the world stage for generations to come. In this paper I will analyze Marxist revolutionary theory as it applied to the revolutions in Russia, China, and Cuba. Although these models each claim to have Marxist/socialist ideology at the core of their regimes, it is evident there are many discrepancies in their interpretations of socialist reform. Though these three revolutions do contain many similarities, it is evident that each state interpreted and applied communism very differently in their applications of communism to the economy, agricultural reform, and state expansions. This demonstrates that what can be defined as inherently "Marxist" has much room for interpretation, as there is no revolution that completely embodies the true limits of a communist revolution as Marx described it. We are left to wonder about the practical role of Marxist theory: Does it possess any practical application for creating a governmental regime, or is only a utopian ideal to provoke our ideas and emotions on this topic?

Honors Coat Drive

The Honors Club and Honors College wish to thank everyone who participated in the annual coat drive. With the generosity of the campus community, 138 coats and 174 winter accessories were donated to the families that participate in the Passaic County Head Start program. Donations were delivered on Wednesday, November 20 and were received with gratitude and excitement by the children of the program.



(Right) Rebecca Wance, Kara Peterson, Kelly Ginart, Dr. Susan Dinan, Jan Pinkston, and Mohammad Marey at Passaic County Head Start



(Right) Honors Club members with Children of the Passaic County Head Start Program

Jan's Tips for Student Success

It's February, and registration for the fall 2014 semester is right around the corner (Yes, that's right -- FALL registration). Although the date has not been announced, priority registration for the fall usually takes place at the end of March or the first week of April. By the time you factor in a week off for spring break in March, you only have a few weeks to get organized for registration.

Following are some tips for a smooth advisement and registration period:

1. Log-in to WP Connect and check the name of your advisor as well as check for any holds that might be on your record. Holds for parking tickets, library fines, financial issues, etc. will prevent you from registering. It might take some time to resolve a hold, so don't wait until the last minute.
2. Make an appointment to meet with your advisor. When you are setting up your appointment, be sure to let your advisor know that you have priority registration. If you are in an Honors Track, you should also make an appointment to see your Track Director to discuss your track classes.
3. Prepare for your advisement appointment by printing a copy of

your transcript, obtaining a copy of your major's curriculum control sheet, and printing out a copy of your four year plan. Four Year Graduation Plans can be found at: <https://webapps.wpunj.edu/catalog/front.cfm?section=4YRP>. Take this information with you to the meeting.

4. Be sure to get your six digit registration pin from your advisor. This number should begin with 000 or 001. If it does not, please check with the Honors Office.
5. Look up classes and make a tentative schedule. Be sure to check to see if any of the classes require special permits. All Honors classes require a permit from the Honors College. Other classes might require a permit from the department that is offering the course.
6. Watch for email messages from honors@wpunj.edu with the priority registration date, a list of summer and fall Honors courses, and more information about the upcoming advisement and registration period.

Relay with Honors

What better way to get to know your peers than by working with them for a good cause? Join the Honors Club in its effort to raise money for the American Cancer Society's Relay For Life. The event will take place on Friday, April 11, 2014 in University Commons Ballrooms B and C from 7:00pm to 11:00pm. Please monitor the Honors College Facebook Page for team registration information.



Relay For Life team members (from left) Emily Ehrlich, Alissa Jackson, and Rebecca Wance



Honors Holiday Party: Dressed to Impress

Faculty, staff, and students were dressed to impress at this year's Honors Holiday Party held on Thursday, December 5th. In addition to enjoying live music and festive treats, guests enjoyed working with one another to complete a photo scavenger hunt.

Those in attendance also had

the opportunity to enter the Second Annual Ugly Sweater contest. Contestants showcased their festive style in attempts to impress the judges, Dean Kara Rabbit of Humanities and Social Sciences and Dr. Glen Sherman, Vice president of Student Affairs, with their distinguished taste in holiday apparel. First, second, and

third prizes as well as honorable mentions were awarded.

The Honors College wishes to thank all those who participated in the holiday fun. Congratulations to Rachael Segal for winning this year's scavenger hunt!

Photos courtesy of Rachael Segal



Ugly Sweater Contest Participants



Contest judges, Dr. Glen Sherman and Dean Kara Rabbit



Winners of the Ugly Sweater Contest (from left) First Place, Kelly Ginart, Second Place, Rachael Segal, Third Place, Emily Moore



(From left) Dan Pasquale, Tim Malone, Iggy Herman, and Nick Potters



(From left) Victoria Ross, Eric Dolan, and Philip Gorokhovskiy



(From left) Kristi Lee Young and Tori Strain

Study Abroad and Internship Opportunities!

Congressional Grant Opportunity

The Dirksen Congressional Center invites applications for grants to fund research on congressional leadership and the U.S. Congress. The Center, named for the late Senate Minority Leader Everett M. Dirksen, is a private, nonpartisan, nonprofit research and educational organization devoted to the study of Congress. Since 1978, the Congressional Research Grants program has invested more than \$915,136 to support over 425 projects. Applications are accepted at any time, but the deadline is March 1 for the annual selections, which are announced in April. For more information about the application process, please visit :http://www.dirksencenter.org/print_grants_CRGs.htm.



LIVE. LEARN. INTERN. in Washington, DC

Spend a summer interning in the nation's capital and gain that competitive edge. Taking advantage of a Washington, DC internship is a valuable investment in your future that will set you apart after college. The comprehensive programs sponsored by The Fund for American Studies include a guaranteed internship placement, courses for transferable credit from George Mason University, and furnished housing conveniently located in George Washington University's downtown campus just steps from the White House and State Department. Students also benefit from networking events, exclusive briefings, and guest speakers. Please visit the Honors College website for additional information.



Study Abroad in Akko/Acre

Apply for a field experience in Israel this summer and earn up to 6 credits. Akko/Acre was an important center of medieval Middle Eastern culture at the time of the crusades. The program is designed to give advanced undergraduates a multi-disciplinary approach to studying and immersing themselves in the world of the Crusades. Both land and underwater field experiences are being offered. The deadline to apply for this program is March 3rd. Please monitor your e-mail or visit the Honors College Website for additional information.



Spend a Semester at the Grand Canyon

Northern Arizona University will be sponsoring a semester at the Grand Canyon next fall. Don't miss this wonderful opportunity to study in Northern Arizona's high mountains and the canyons of the Colorado Plateau. For program details and deadlines, please visit, <http://nau.edu/honors/gcs/>.

UPCOMING EVENTS

Date	Time	Place	Event
3/6/2014	12:30pm	Honors Office Raubinger 154	Lunch in the Lounge: Thesis Research Discussion



Registration Reminder

Fall 2014 registration is right around the corner. Students who meet with Dr. Dinan for advisement should stop by the Honors Office, Raubinger 154, to schedule an appointment as soon as possible.



Sneak a Peek at Honors Week!

Save the dates for Honors Week 2014! This year, student thesis presentations will be held on April 8-10. Additional information and a complete Honors Week Schedule will be available soon. Please be sure to monitor your William Paterson e-mail account.

*The Honors College
Newsletter is published
several times per semester
and is written by honors
student, Kelly Ginart.*

Did you know?

William Paterson Honors is on the web! The Honors College website is updated on a weekly basis. Be sure to visit it and our Facebook page regularly for important dates and Honors Club project updates at
<http://www.wpunj.edu/honors-program/>.